



A TEMPLATE FOR
CREATING YOUR OWN
BOOK OF HOURS

Peggy Rubin



This is an invitation and a workbook

to help you begin the process of creating your own Bible to and for the Great Goddess, however and whoever you imagine or experience Her to be.

The endeavor here is to consider and devise your personal Book of Hours, honoring with words and art the hours when it feels appropriate to pause, and bless the time, and join in a conversation with your Inner Goddess.

A Book of Hours
TITLES WORKSHEET

BOOK TITLE

TITLES OF THE HOURS

DAWN 6:00AM

MID-MORNING 9:00

NOON

MID-AFTERNOON 3:00

TWILIGHT 6:00

EVENING 9:00

MIDNIGHT

DARK NIGHT 3:00 AM

DAILY TITLES

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

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DAWN 6:00AM

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